One Minute for Peace

A global initiative for fraternity, justice and the international law of peace.

INTERNACIONAL FORUM OF CATHOLIC ACTION (IFCA)



What is this initiative?



The invitation

A call to all people of faith and goodwill to pause in their daily activities and unite in this common desire.



The gesture

At 1 pm, wherever you are – at work, in your neighbourhood, at school or university – pause for a moment, bow your head and pray for peace.



The synchronisation

A global commitment that takes place every 8 June and is lived out daily as a response to the many conflicts.



Its origins

The initiative was launched in support of the “Prayer for Peace” gathering promoted by Pope Francis in the Vatican Gardens on 8 June 2014.

A historic gathering that brought together world leaders for dialogue: Shimon Peres (Israel), Mahmoud Abbas (Palestine) and Patriarch Bartholomew I.

All united

8th JUNE

13:00

LOCAL TIME

Synchronisation

When the clock strikes one o'clock in the afternoon in every country, we want the call for peace to spread across the globe, demonstrating that there are many of us who desire peace among peoples.





Wherever you are at that moment

Work

School

University

Family

Neighbourhood

Parish

Stop in your tracks. Ask for peace.

We want peace

An urgency

It is not a diplomatic option; it is a vital necessity for the survival and growth of societies.

A right

Peace is a fundamental right of every human being, guaranteed by mutual respect and justice.

A necessity

We seek a ‘disarmed and disarming’ peace, capable of defusing the logic of violence and death.

How can you get involved?

NEXT EVENT

8th June • 1:00 pm



Spread the word

Use your social media to invite others to take part.



Mobilise

Gather your group, family or work colleagues.



Pray

Dedicate that minute with sincerity and depth.

INVOCATION FOR PEACE

Lord God of peace,
hear our prayer!

We have tried so many times and over so many years to resolve our conflicts by our own powers and by the force of our arms.

How many moments of hostility and darkness have we experienced; how much blood has been shed; how many lives have been shattered; how many hopes have been buried… But our efforts have been in vain.

Now, Lord, come to our aid! Grant us peace, teach us peace; guide our steps in the way of peace. Open our eyes and our hearts, and give us the courage to say: “Never again war!”; “With war everything is lost”.

Instil in our hearts the courage to take concrete steps to achieve peace.

Lord, God of Abraham, God of the Prophets, God of Love, you created us and you call us to live as brothers and sisters. Give us the strength daily to be instruments of peace; enable us to see everyone who crosses our path as our brother or sister.

Make us sensitive to the plea of our citizens who entreat us to turn our weapons of war into implements of peace, our trepidation into confident trust, and our quarreling into forgiveness.

Keep alive within us the flame of hope, so that with patience and perseverance we may opt for dialogue and reconciliation. In this way may peace triumph at last, and may the words “division”, “hatred” and “war” be banished from the heart of every man and woman. Lord, defuse the violence of our tongues and our hands.

Renew our hearts and minds, so that the word which always brings us together will be “brother”, and our way of life will always be that of: Shalom, Peace, Salaam!

Amen.

Pope Francis, Vatican Gardens 8 June 2014

Pax et Bonum International Conference

“In the spirit of Saint Francis, international law and fraternity”

Since 2025, Italian Catholic Action – the “Giuseppe Toniolo” Institute of International Peace Law and the International Forum of Catholic Action are the organisers of this global event as part of #oneminuteforpeace.
The aim is to highlight international law as the only sustainable path towards the resolution and prevention of global conflicts.



For a disarmed and disarming peace

Together with Leo XIV, Catholic Action reaffirms its mission to be a bridge-builder in a fragmented world.



8th JUNE 1 pm - 13 hs
ONE MINUTE
FOR PEACE

ONE MINUTE CAN CHANGE EVERYTHING

@unminutoporlapaz

@unminutoporlapaz

www.catholicactionforum.org/initiatives/one-minute-for-peace/

#oneminuteforpeace

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