



One Minute for Peace

**A global initiative for fraternity,
justice and the international law of peace.**

INTERNACIONAL FORUM OF CATHOLIC ACTION (IFCA)



What is this initiative?



The invitation

A call to all people of faith and goodwill to pause in their daily activities and unite in this common desire.



The gesture

At 1 pm, wherever you are – at work, in your neighbourhood, at school or university – pause for a moment, bow your head and pray for peace.



The synchronisation

A global commitment that takes place every 8 June and is lived out daily as a response to the many conflicts.



Its origins

The initiative was launched in support of the “Prayer for Peace” gathering promoted by Pope Francis in the Vatican Gardens on 8 June 2014.

A historic gathering that brought together world leaders for dialogue: Shimon Peres (Israel), Mahmoud Abbas (Palestine) and Patriarch Bartholomew I.

All united

8th JUNE 2026

13:00

LOCAL TIME

Synchronisation

When the clock strikes one o'clock in the afternoon in every country, we want the call for peace to spread across the globe, demonstrating that there are many of us who desire peace among peoples.



We want peace



An urgency

It is not a diplomatic option; it is a vital necessity for the survival and growth of societies.

A right

Peace is a fundamental right of every human being, guaranteed by mutual respect and justice.

A necessity

We seek a 'disarmed and disarming' peace, capable of defusing the logic of violence and death.



Wherever you are at that moment



Work



School



University



Family



Neighbourhood



Parish

Stop in your tracks. Ask for peace.

Pax et Bonum International Conference

“In the spirit of Saint Francis,
international law and fraternity”

Since 2025, Italian Catholic Action – the “Giuseppe Toniolo” Institute of International Peace Law and the International Forum of Catholic Action are the organisers of this global event as part of #oneminuteforpeace. The aim is to highlight international law as the only sustainable path towards the resolution and prevention of global conflicts.

NEXT EVENT

7th June 2026



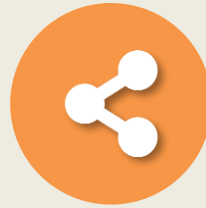
How can you get involved?

NEXT EVENT
8th June • 1:00 pm



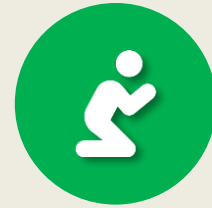
Spread the word

Use your social media to invite others to take part.



Mobilise

Gather your group, family or work colleagues.



Pray

Dedicate that minute with sincerity and depth.

Towards a disarmed and disarming peace

**Together with Leo XIV, Catholic Action
reaffirms its mission to be a bridge-
builder in a fragmented world.**





8th JUNE 1 pm - 13 hs
**ONE MINUTE
FOR PEACE**

ONE MINUTE CAN CHANGE EVERYTHING



@unminutoporlapaz



@unminutoporlapaz



www.catholicactionforum.org/initiatives/one-minute-for-peace/

#oneminuteforpeace



catholicactionforum.org